



QUEENS, LONG ISLAND, MANHATTAN & FLORIDA MENUS For Our Guests With Particular Dietary Considerations

GLUTEN FREE ITEMS

All Cold Cuts
(Platters & Sandwiches without bread)

- Tongue Appetizer
- Nova Salmon Appetizer
- Caesar Salad (without Croutons)
- Spinach Salad
- Chef Salad
- Nicoise Salad
- Mesclun Salad
- House Salad
- Israeli Salad
- Potato Salad
- Health Salad
- Cucumber Salad
- Garden Vegetable Salad
- Cole Slaw

- Chicken Soup (No Noodles)
- Vegetable Soup
- Cabbage Soup

- Egg Salad Platter
- Tuna Salad Platter
- Chicken Salad Platter
- Nova Salmon Platter

- Roast Chicken
- Grilled Chicken*

*Order plain Grilled Chicken without marinade



- Goulash Dinner (No Noodles)
- Tongue Dinner
- Hanger Steak
- Rib Eye Steak
- London Broil
- Roast Beef Dinner*
- Brisket Dinner*
- Fresh Turkey*

*Use natural gravy not brown gravy

- Knockwursts or Hot Dogs (No Bun)
- Beef Burgers (No Bun)
- Vegetable Burger (No Bun)
- Slim Burger
- All Omelettes
- Peas & Carrots
- Corn
- Sauerkraut
- Sweet Peppers
- Hot Cherry Peppers
- Pickles

VEGETARIAN ITEMS

- Caesar Salad
- Spinach Salad (No Pastrami)
- Mesclun Salad
- House Salad
- Potato Salad
- Macaroni Salad
- Israeli Salad
- Pasta Salad
- Garden Vegetable Salad
- Health Salad
- Cucumber Salad
- Vegetable Burger
- French Fries**
- Onion Rings**

**May be fried in oil in which non-vegetarian foods and floured items were previously fried

- Vegetable of Day
- Mashed Potatoes
- Peas & Carrots
- Corn
- Baked Beans
- Sauerkraut
- Hot Cherry Peppers
- Sweet Peppers
- Pickles
- Cole Slaw

- Potato Knish
- Spinach Knish
- Kasha Knish

- Potato Pudding
- Sweet Potato Pudding
- Noodle Pudding



VEGAN ITEMS



- Spinach Salad (No Pastrami, No Egg)
- Mesclun Salad
- House Salad
- Israeli Salad
- Garden Vegetable Salad
- Health Salad
- Cucumber Salad
- Vegetable Burger
- Mashed Potatoes
- Vegetable of Day
- Peas & Carrots
- Corn
- Baked Beans
- Sauerkraut
- Hot Cherry Peppers
- Sweet Peppers
- Pickles

NUT ALERT ITEMS

These foods are ordinarily made with nuts and people with nut allergies should avoid them.

- Mesclun Salad (can be made without walnuts)
- Salad Orientale
- Rugulach
- Cookies
- Babka
- Carrot Cake
- Cranberry Compote

IMPORTANT NOTE: Our kitchen preparation areas are very compact. It is possible that vegetarian or vegan items may contain or have come in contact with trace amounts of non-vegetarian/vegan items. Similarly, gluten free items may not in fact be completely gluten free. Guests with serious allergies or those on strict dietary regimens, please take this into consideration. If you have any questions, please ask one of our managers.